## Eat Better Feel Better

## (2)

## Kosher Menu

# Main Meals 

Roast Chicken \& Gravy GF with Parisienne Potatoes and Mixed Vegetables

Chicken Schnitzel
Bread Crumbed Chicken with Sauté Potatoes and Sauerkraut

## Beef Goulash HC

Stewed Beef with Mashed Potato, Peas and Sweetcorn

## Cottage Pie <br> GF

Minced Beef topped with Mashed Potato and served with Vegetables

## Steak Pie

Beef Steak in a Rich Gravy covered with a Pie Crust and served with Vegetables
Grilled Cod in Mushroom Sauce
Grilled Cod coated in a Mushroom Sauce and served with Rice and Carrots

Fisherman's Pie
Fish in a White Sauce, topped with Mashed Potato and served with Vegetables
Vegetarian Burger $\mathbf{V}$
Vegetable Burger with Potatoes and Tomato and Herb covered Vegetables
Vegetarian Lasagne V
Layers of Vegetables and Pasta in Rich Sauce served with Spinach, Peas and Carrots
Macaroni Cheese $\stackrel{V}{V}$
Pasta in a Cheese Sauce served with Peas, Carrots and Baby Corn


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[^0]:    Whilst our patient meals do not contain nuts, we cannot guarantee that all products served are completely nut free. If you have an allergy or intolerance to any food ingredient, please inform your housekeeper, who will be able to provide you with the information that you require to make your menu choice

