

Hot Desserts

Spotted Dick V

Rice Pudding V · GF

Jam Sponge V

Chocolate Sponge V

Rhubarb Crumble V

All hot puddings can be served with ice cream

Cold Desserts

Chocolate Mousse GF

Fruit Jelly Pot V · GF

Selection of Yoghurts V · GF

Ice Cream V · GF

Cheese & Crackers* V

Fresh Fruit V · GF

Fruit Pot in Natural Juice V · GF

*Gluten free crackers are available

Whilst our patient meals do not contain nuts, we cannot guarantee that all products served are completely nut free.

If you have an allergy or intolerance to any food ingredient, please inform your housekeeper, who will be able to provide you with the information that you require to make your menu choice

Out of Hours Menu



Eat better feel better

DIETARY CODE	
GF Gluten Free	HC High Calorie
V Vegetarian	♥ Healthier Eating

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Beef Dishes

Savoury Minced Beef GF

Minced Beef and mashed potato served with carrots and peas

Beef Lasagne

Layers of minced beef, tomato and white sauce & pasta

Chicken Dishes

Roast Chicken Breast with Stuffing

with roast potatoes, green beans, carrots and gravy.

Chicken Curry HC · GF

Diced chicken breast cooked in a mild creamy sauce with white rice

Sweet & Sour Chicken GF

Chicken in a sweet & sour sauce with white, rice with red peppers & peas.

Fish Dishes

Poached Cod in Parsley Sauce GF

Poached fillet of cod, in parsley sauce with new potatoes, broccoli & carrots

Fish Pie GF

Smoked haddock, salmon & white fish in a creamy sauce with mashed potato & carrots

Jacket Potato

Jacket Potato with Beans

Jacket Potato with Cheese and Beans

Omelette Dishes

Plain Omelette HC · V · GF

with beans and diced potatoes

Cheese Omelette HC · V · GF

with beans and diced potatoes

Vegetarian Dishes

Vegetable Curry V

A mild madras style curry with white rice, peppers & peas

Vegetable Lasagne V

Layers of vegetables in tomato sauce with pasta and white sauce