

Buckland Day Hospital, Dover

Information for patients

Opening hours: 08.30am to 4.30pm
Telephone: 01304 222662 or 01304 222591

The Buckland Day Hospital is situated next to the Physiotherapy Department in Buckland Hospital. The aim of the Day Hospital is to provide rehabilitation for people over the age of 18.

Patients attend either in the morning (between 9.30 and 12.30) or afternoon (between 1.30 and 3.30). Individual appointments can be arranged where appropriate.

What facilities are available at the Day Hospital?

It is made up of a variety of facilities which include physiotherapy, occupational therapy, speech therapy and nursing.

- **Physiotherapy** involves looking at problems with mobility, be it strength, balance, stamina or movement, and how these impact on daily living. Treatment will consist of exercises aimed at improving these areas and so aim to increase mobility.
- **Occupational Therapy** involves increasing independence and fulfilling potential in social, psychological, physical and practical areas of every day life. This includes managing a variety of daily tasks such as preparing meals and motivating people to socialize.
- The **Speech and Language Therapist** can provide assessment and advice on a range of communication disorders and, where appropriate provide therapy aimed at improving function or to identify alternative ways of communicating to maximise successful interactions. The Speech and Language Therapist can also provide assessment and advice on eating and swallowing difficulties.
- The role of the **Nurse** is to assess medical needs. During their assessment a patient can expect to have their blood pressure, pulse, blood glucose, weight and urine recorded. If there are any problems identified these will be followed up while attending the Day Hospital. Medications are also looked at and discussed. The nurse will liaise with your doctor if necessary.

What happens on the first day?

Patients are assessed on their first visit, and this can take a couple of hours. The appropriate course of treatment is then decided as well as future attendances, if required. Patients are asked to bring in a list of their medications. You may be asked to provide a urine sample for the nurse.



Putting patients first

How long does the course of treatment last?

The period of attendance varies dependent on need. This can be from two weeks to several weeks. Patients may be given home exercise programmes which they are expected to complete.

What types of conditions are treated at the Day Hospital?

- Neurological disease, for example Parkinson's Disease, strokes, multiplesclerosis
- Orthopaedics, for example fractures, arthritis, joint replacements
- General medical
- Mobility problems.

Who can refer patients to the Day Hospital?

Patients can be directly referred either by letter or referral form. We take referrals from GPs, Consultants, Therapists, Nurses, and Social Workers.

Is hospital transport provided for me to get to my appointment?

All patients are encouraged to make their own way here. Hospital transport is available but only on a medical need basis. Patients will be given the phone number by the Day Hospital when contacted for their first appointment.

Further information

If you have any queries please call the Day Hospital on 01304 222662 or 01304 222591.

Any complaints, comments, concerns or compliments

If you have other concerns please talk to your doctor or nurse. Alternatively please contact our Patient Experience Team (formerly PALS) on 01227 783145 or 01227 864314, or email ekh-tr.patientexperienceteam@nhs.net.

Further patient information leaflets

In addition to this leaflet, East Kent Hospitals has a wide variety of other patient information leaflets covering conditions, services and clinical procedures carried out by the Trust. For a full listing please go to www.ekhufft.nhs.uk/patientinformation. Or contact a member of staff.

After reading this information, do you have any further questions or comments? If so, please list below and bring to the attention of your nurse or consultant.

Would you like the information in this leaflet in another format or language?

We value equality of access to our information and services and are therefore happy to provide the information in this leaflet in Braille, large print or audio - upon request.

If you would like a copy of this document in your language, please contact the ward or department responsible for your care.

Pacjenci chcący uzyskać kopię tego dokumentu w swoim języku ojczystym powinni skontaktować się z oddziałem lub działem odpowiedzialnym za opiekę nad nimi.

Ak by ste chceli kópiu tohto dokumentu vo vašom jazyku, prosím skontaktujte nemocničné pracovisko, alebo oddelenie zodpovedné za starostlivosť o vás.

Pokud byste měli zájem o kopii tohoto dokumentu ve svém jazyce, kontaktujte prosím oddělení odpovídající za Vaši péči.

Чтобы получить копию этого документа на вашем родном языке, пожалуйста обратитесь в отделение, ответственное за ваше лечение.

We have allocated parking spaces for disabled people, automatic doors, induction loops and can provide interpretation. For assistance, please contact a member of staff.

This leaflet has been produced with and for patients