





### Pre Course Information for an EAST KENT SIMULATION COURSE



This document contains important information including an outline of course timetable, some suggested background topic reading and preparation and how the day has been developed. Please read the instructions carefully in advance in order for your training to be delivered successfully.

Please make a note of the start time on your joining letter and leave plenty of time to find where to park and find the venue (directions and travel information are detailed later in the letter).

Please come dressed as you would do for a normal working day ie Theatre scrubs, uniform and smart dress. This will help you to feel more like you are at work and aid emersion in the simulation.

Please be punctual. We reserve the right to exclude you from joining the course if you arrive late because

- You will have missed essential health and safety and induction briefings, and
- You will be disrupting the programme for other participants.

#### **Aims**

- This training day aims to provide you with a safe learning environment in which to experience a series of simulated clinical challenges designed around acute care scenarios:
- To consider individual, team, and organisational factors that might enhance or impede optimal, safe patient care in the ward setting
- To raise your awareness of roles and responsibilities, skills and contributions of other members of the multi-professional team.
- To consider how relevant national or local policies and procedures contribute to risk management and patient safety where you work.

## **Background to the Day**

This day aims to provide a safe, supportive environment in which to review how you apply your knowledge, skills and experiences in the context of a simulated ward environment.

At registration you may be invited to complete a pre-course questionnaire. This will be followed by an introduction to the faculty and fellow delegates and a familiarisation session, during which you have the opportunity to get to know the environment in which you will be learning, 'meet the manikin', and clarify any queries about the course, the equipment and other resources available to you on the day. **This will include essential health and safety issues that must be observed**. The rest of the day is divided into a series of scenarios followed by focused debriefs (feedback sessions), providing you with the opportunity to observe your colleagues in simulated practice as well as participate yourself.

Throughout the day you will be filmed and the video used (as appropriate) to facilitate your learning and to support specific feedback. With your consent these videos may be archived for faculty and course development purposes. The **debriefs** are led by an experienced member of faculty. During these sessions you will be asked to contribute to the discussions based on your observations or as participant, or drawing from your experiences of similar situations at work. These discussions typically lead to the following outcomes:

Identification of individual, team and organisational factors that can influence effective management of acutely ill ward patients.

Recognition of observed examples of good practice whilst also highlighting topics that are identified as requiring development.

Discussion of your experiences of clinical practice where patient outcome and safe (or best) practice have been influenced by examples (good and bad) of team leadership, team working, effective communication and listening.

The focus of the day is not an assessment of your clinical management skills, though clinical management will be addressed, but instead to place emphasis on identifying broader learning and development needs related to performance and team working under a range of different circumstances. Whilst we expect to provide you with a degree of challenge, nobody will be asked to perform unrealistically outside his or her clinical role or current competence.

## **Faculty**

Faculty are drawn from clinical staff and experienced trainers who will support you throughout the day, providing a degree of challenge where appropriate, and encouraging all course participants to contribute and reflect on their learning. Faculty are recruited from across the professions and may include senior nurses, medical staff and allied health professionals. Faculty are always available for any issues you wish to discuss 1:1, especially at the start and close of the day.

# Confidentiality

We expect all present on the day – *faculty and delegates* - to respect each other's contributions and to participate actively throughout the day. All discussions and any issues raised will remain confidential to the group attending and should not be shared with colleagues outside of the course. We are committed to providing you with an excellent learning opportunity and during the course of the day we will ask you to participate in course evaluation. The results of these will be used to assist us in developing future courses.

## On The Day

You will need to wear your uniform, or dress smartly as you would for work – this will make you more comfortable during the scenarios, and help contribute to our attempt at recreating a 'realistic' ward environment. You are free to bring any handbooks, manuals and equipment that you usually carry with you in your work environment.

#### **Pre Course Materials**

We have listed below a number of common acute medical / surgical conditions encountered in a hospital ward setting. Some of these may well form the basis of the scenarios used during the training day, but we do not plan to discuss the clinical management in detail. However it may aid your enjoyment and enhance the educational value of your day if you review the management of these conditions, appropriate to your role, before your day in the simulator. Management plans for these conditions can be found in common handbooks. Remember, we are not assessing your clinical knowledge during this day, we do expect it to be appropriate to your level.

- Acute coronary syndrome
- Severe sepsis <u>www.survivesepsis.org</u> / <u>Surviving Sepsis Guidelines</u>
- Allergic reactions / Anaphylaxis
- Infective exacerbation of COPD / Pneumonia
- Acute asthma
- Hypo / Hyperglycaemia
- Overdose & the unconscious patient
- Status Epilepticus
- Massive blood loss
- Acute confusion
- Arrhythmias
- Cardiorespiratory Arrest
- Postoperative shock
- Postoperative respiratory distress

#### **Attendance**

Places on these sessions are extremely precious and therefore if you cannot attend please let the course organiser know as soon as possible.

If you are running late for any reason please contact the Simulation centre on 01233616185 or Pete on 07980779115

## **Parking**

Parking at the hospital is pay-on-foot (£8 for 24h). On approaching the entry barrier, press the green button to take a ticket. Before returning to your vehicle, you will need to insert the ticket in to one of the Pay Stations which calculates how long you have stayed and how much you need to pay. Weekly permits are also available from the pay stations.

Car parking at Channel Day Surgery is Pay and Display

Staff parking is available and is clearly signposted (take first left on entering the main access road).

### **Contacts**

- Dr Barry Featherstone (Simulation Lead, Course Director): barry.featherstone@nhs.net
- Peter Samworth (Simulation Facilitator): <a href="mailto:peter.samworth@nhs.net">peter.samworth@nhs.net</a>
- Jessica Blake (Simulation Administrator): <a href="mailto:jessicablake@nhs.net">jessicablake@nhs.net</a>

We look forward to meeting you.

East Kent Simulation Faculty

# **Outline Programme: Simulation Day**

# (Subject to Change)

0845hrs	REGIST	RATION	
0900hrs Introductions Course Objectives			
	Meet Fa	culty	
	Meet the	e Manikin	
1000 – 1020		Simulation 1	Team 1
1020 – 1050		Debrief 1	All
1050 – 1110		COFFEE BREAK	
1110 –	1130	Simulation 2	Team 2
1130 –	1200	Debrief 2	All
1200 –	1220	Simulation 3	Team 3
1220 –	1250	Debrief 3	All
1250 – 1330		LUNCH BREAK	
1330 –	1350	Simulation 4	Team 4
1350 – 1420		Debrief 4	All
1420 –	1440	Simulation 5	Team 5
1440 —	1510	Debrief 5	All
1510 – 1530		COFFEE BREAK	
1530 – 1550		Simulation 6	Team 6
1550 – 1620		Debrief 6	All
1620 – 1630		Feedback and close	