NHS Foundation Trust

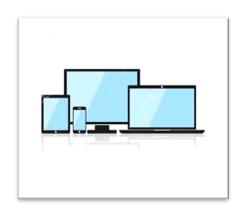
VIDEO CONSULTATION WITH YOUR THERAPIST

Due to the COVID 19 pandemic, we are currently unable to offer face to face appointments.



Why choose a video consultation?

- Allows us to see the child and parents so we can assess and discuss progress and any concerns, update therapy plans, and demonstrate strategies and activities.
- Video calls are safe and secure
- It can save travel, time and money



What you need

- A smartphone / tablet / laptop / computer with a built in camera and microphone (or separate web camera connected to computer)
- A good internet connection. It's best to use WiFi. If you need to use 3/4G please be aware this may use a lot of your data allowance.
- A quiet, well-lit place where you won't be disturbed



Setting up

- We will call you to agree a convenient date and time for the video consultation to take place
- We may ask you in advance to prepare a range of toys/everyday objects/picture cards for when the video consultation takes place
- We will ask you to prepare your child and explain that the therapist will be seen on screen
- Before the appointment we will send you an SMS (text message) or e-mail with a video consultation invite and a unique web link.





The video consultation

- We may need your help to engage your child and motivate them in play or in different activities as directed by the therapist
- We may observe how your child interacts with you, how they respond to and answer questions, how they play, how they complete everyday tasks or how they are able to use their body for movement.
- If your child has been issued with specialist equipment we may ask you to use this during the appointment.
- Do not worry if your child refuses to engage or is reluctant to play/talk during video consultation, we can still talk to you and gather information about your child's skills.

Starting the video consultation

- Click on the link to join the video consultation (it may take a few minutes to join)
- You should see both your own video and your therapist's video
- It may show you a screen where you need to click "Request permissions" to enable your camera and your microphone.
- Don't worry if you need to take longer time to adjust to new technology or if the link/camera/microphone does not work, we will call you back and try to support you through it.



