

How soon after surgery can I drive?

You can drive as soon as you feel confident enough to control your car safely and you are not in any discomfort. This is usually about a week after your procedure.

When can I return to my normal activities?

You should return to normal everyday activities as your pain allows; often around one to three weeks after your procedure.

When can I return to work?

Returning to work depends on the type of work you do. Someone who does heavy manual work may not be able to return for a few weeks. An office worker may be able to return to light duties a few days after their procedure. The same applies to sport and the type of sport you play.

What if I have any questions or concerns?

If you have any questions or concerns following your surgery please call the **Hand Therapy Service on 01227 78 30 43** and leave a message on the answer phone stating your patient number. We will try to return your call within 24 hours (Monday to Friday).

Further information

Further information on Dupuytren's Disease can be found on the NHS web site www.nhs.uk/Conditions/Dupuytren's-contracture/Pages/Introduction.aspx

This leaflet has been produced with and for patients

If you would like this information in **another language, audio, Braille, Easy Read, or large print** please ask a member of staff. You can ask someone to contact us on your behalf.

Any complaints, comments, concerns, or compliments please speak to your doctor or nurse, or contact the Patient Advice and Liaison Service (PALS) on 01227 78 31 45, or email ekh-tr.pals@nhs.net

Patients should not bring in large sums of money or valuables into hospital. Please note that East Kent Hospitals accepts no responsibility for the loss or damage to personal property, unless the property had been handed in to Trust staff for safe-keeping.

Further patient leaflets are available via the East Kent Hospitals web site www.ekhufft.nhs.uk/patientinformation